



Team USA

2020 Pan Am Cross Country Championships Roster					
Name	School	Hometown	Team	Twitter	Instagram
Grace Graham-Zamudio	Loyola Marymount University	Newhall, CA	Senior Women		gzamudio
Tansey Lystad	University of Portland	Kirkland, WA	Senior Women	TanseyLystad	tanseylystad
Calene Morris	California State Polytechnic University, Pomona	Torrance, CA	Senior Women		
Sarah Pease	Indiana University	Elizabeth, IN	Senior Women	spease31	speasey87
Danielle Shanahan	Loyola Marymount University	Torrance, CA	Senior Women	danishani13	danishani
Carrie Verdon	University of Colorado	Moraga, CA	Senior Women		carrieverdon
Tai Dinger	Stanford University	Washington, D.C.	Senior Men	taidyeflyer	taidye18
David Goodman	University of Southern Indiana	Valparaiso, IN	Senior Men	thegxx17	thegoodieman
Nick Hauger	University of Portland	Spokane, WA	Senior Men	runnin_hauger	nickhauger12
Michael Jordan	University of Southern Indiana	Gary, IN	Senior Men	mj_of_track	mj_of_track
Dillon Maggard	Utah State University	Kirkland, WA	Senior Men	dillmaggard	dillmaggard
Anthony Rotich	University of Texas at El Paso	Eldoret, Kenya	Senior Men	anthonyrotich	rotichanthony
Kalea Bartolotto	Northwestern University	Livermore, CA	U20 Women	kaleamb	kaleamb
Bailey Brinkerhoff	Utah State University	St. George, UT	U20 Women		baileybrinkerhoff
Sophia McDonnell	Bradley University	Geneva, IL	U20 Women	sophiagrace907	sophia.mcdonnell139
Abigail Osterlund	Northwestern University	Evanston, IL	U20 Women	AbbyOsterlund	aosterlund5
Brooke Rauber	Tully High School	Homer, NY	U20 Women	brooke_rauber	brooke.rauber
Rayna Stanziano	St. Mary's College	Concord, CA	U20 Women		raynandsun
Daniel Beam	Western New Mexico University	Rio Rancho, NM	U20 Men		danbeam
Evan Bishop	East Grand Rapids High School	Grand Rapids, MI	U20 Men	evanjbishop	evanbishop5
Lucas Chung	St. Mary's College	Windsor, CA	U20 Men		lucaswchung
Alex Comerford	Syracuse University	Kalamazoo, MI	U20 Men	alexcomerford17	alexcomerford
Corey Gorgas	Northern Arizona University	Saugatuck, MI	U20 Men	gorgas_corey	corey_gorgas1
Jacob Harris	University of Toledo	Toledo, Ohio	U20 Men		jakubharris

Grace Graham-Zamudio - Senior Women

Graham Zamudio ran collegiately at Loyola Marymount, where her best finish in the NCAA West regional came in 2014 when she was 17th as a senior. She has a 10K track best of 33:46.98 and has run 78:19 for the half marathon. Graham-Zamudio was fifth at the USATF XC Championships this year in 36:58.

Sarah Pease - Senior Women

Pease was 4th at the 2020 USATF XC Championships in 36:39. Best known as a steeplechaser, she finished 4th at the 2011 USATF Outdoor Championships and added top-eight efforts in 2017 & 2018. Her steeple PR is 9:40.94, and she also sports a 10,000m best of 33:02.90.

Carrie Verdon - Senior Women

Verdon, 3rd at the 2020 USATF XC Championships, was a member of the NCAA runner-up Colorado squad at the 2015 cross country championships and also competed at NCAA nationals in 2012 & 2013. She has a half marathon best of 74.44 and has a 33:42.02 10,000m on the track to her credit.

Nick Hauger - Senior Men

5th at the 2020 USATF XC Championships, Hauger ran collegiately for Portland. In 2018 he won the West Coast Conference title and then the NCAA West regional crown before finishing 40th at the NCAA national meet to help his school to a third-place finish. He has a lifetime best of 29:16.34 for 10,000m on the track.

Dillon Maggard - Senior Men

Maggard finished sixth in the 3,000m at the 2020 USATF Indoor Championships after a 4th-place finish at the USATF XC Championships. He has run 13:30.02 for 5,000m on the track, along with a 28:38.36 10,000m best. That 10K time came in finishing 3rd at the NCAA Championships in 2018, when he also placed sixth in the 5K. He took fifth in the NCAA indoor 3K that year, and helped Utah State to a fifth-place finish in the DMR. Maggard demonstrated his range with a 3:57.76 mile last summer.

Anthony Rotich - Senior Men

After becoming a U.S. citizen in 2019, Rotich won the USATF XC Championships this January and followed up with a silver medal in the 3,000m at the USATF Indoor Championships in Albuquerque. He was a three-time NCAA steeplechase champion for UTEP from 2013-15, and won the NCAA indoor mile gold in 2014. Rotich has a PR of 8:21.19 in the steeple and won the 2019 USATF 5K road title.

Kalea Bartolotto - U20 Women

A freshman at Northwestern University, Bartolotto finished 3rd in the USATF U20 XC Championships in January. She was her school's No. 5 runner at the tough NCAA Midwest regional meet. As a senior at Granada High School in Livermore, California, Bartolotto was 29th at the 2018 CIF state meet. She finished 18th as a junior.

Brooke Rauber - U20 Women

Rauber, a junior at Tully Senior High School in Tully, New York, won the USATF U20 XC title in January. Rauber was second in the 2,000m steeplechase at the 2019 New Balance Outdoor Nationals and won the Penn Relays 3,000m gold. She placed 7th at the Nike NXN cross country nationals in the fall after a pair of sixth-place finishes the previous two years.

Rayna Stanziano - U20 Women

St. Mary's (California) freshman Stanziano was a top-20 finisher in the West Coast Conference in the fall before taking silver at the USATF U20 XC Championships. She was her school's No. 2 runner at the NCAA West regional. In high school at Concord, California, Stanziano was a state bronze medalist in the 800m as a junior and senior and was third in the state cross country meet as a senior.

Evan Bishop - U20 Men

Runner-up at the USATF U20 XC Championships, Bishop finished 9th at the Foot Locker XC Championships in 2018. He placed fourth in the 5,000m at the 2019 New Balance Outdoor Nationals with a PR 14:30.41.

Alex Comerford - U20 Men

A freshman at Syracuse University, Comerford won a Michigan state 3,200m title for Otsego High School in 2018 with a 9:07.25. He has a 3,000m best of 8:22.16 this indoor season and was fourth at the USATF U20 XC Championships.

Corey Gorgas - U20 Men

Now a redshirt freshman at Northern Arizona University, Gorgas won the USATF U20 XC Championships by more than 30 seconds. As a senior at Michigan's Saugatuck High School, he was ninth at the 2018 Foot Locker Nationals. He took silver in the 3,200m and bronze in the 1,600m at the state high school meet in 2019 after winning both as a junior.

Rita Gary - Women's Head Coach

Rita Gary is in her eighth season as an assistant coach of women's cross country and track and field at Furman University. Named the 2018 USTFCCA Southeast Region Assistant Coach of the Year, she has coached 14 teams to a top-35 finish at the NCAA Championships, highlighted by seven top-15 team finishes. She has coached teams to three region championships and 16 conference titles. During her career, Gary has coached 40 NCAA All-Americans, including 13 top-10 finishers, 32 Academic All-Americans, five team USATF Championship Qualifiers, and five Team USA Members. A native of Saline, Michigan, she is married to Furman head track and field and cross country coach and two-time Team USA Olympian, Robert Gary. They have one son, Percy.

Thom Hunt - Men's Head Coach

Since 2015, Hunt has served as the head cross country coach and assistant track coach at Cuyamaca College. He has coached on several national teams with USATF most recently as the men's coach for the 2015 World Cross Country Championships in Guiyang, China. Prior to Cuyamaca, Hunt coached at San Diego Mesa College. As an elite athlete he was a seven-time NCAA All-American at the University of Arizona from 1976-80, he qualified for the U.S. Olympic Trials four times, and was the 1977 IAAF World Cross Country Junior (U20) champion a year after finishing second in the event. Coach Hunt is married to Caroline Marshall, and they have three children; Marshall, Claire, and Chloe. He also plays drums for The Jackals, a no-frills rock n roll band.

Scott Hudson - Head ATC

Hudson is a certified athletic trainer and sports performance specialist for St. Vincent Sports Performance. Hudson graduated from Indiana University and holds certifications in athletic training, strength and conditioning and various forms of manual therapy. He has experience working with

athletes from middle school to the Olympic level and has worked in Europe part-time the last six summers providing care to USATF athletes competing on the IAAF Diamond League Circuit. Following 15 years providing athletic care for tennis players on the USTA Circuit and five U.S. Opens, he has provided care at numerous USATF indoor and outdoor championships in addition to USATF high performance summits. His responsibilities include injury prevention, rehabilitation, and addressing the muscular imbalances of athletes.

Sara Bair - ATC

Bair is a Certified Athletic Trainer who has dedicated her career to her passion for helping elite track & field athletes achieve their goals and dreams in the healthiest way possible. Sarah is currently the Athletic Trainer for the Brooks Beasts Track Club based in Seattle, Washington. She started her USATF journey when she joined the medical staff in Eugene, OR for the 2016 Olympic Trials. Four years later and many USATF events under her belt, she is honored and excited to be apart of the USATF Pan Am XC Team.